

# **OUTDOOR LEARNING CLOTHING CHECKLIST**

## **WHAT TO WEAR IN SPRING/AUTUMN**

- Waterproofs – trousers and jacket
- A pair of comfortable trousers (jogging bottoms or leggings- NOT jeans)
- A long sleeved t-shirt or top
- One thick jumper
- One fleecy zip up jacket (just in case)
- Two pairs of socks. On the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!) If they are laced, you MUST be able to do them yourself!
- Waterproof gloves

## **WHAT TO WEAR IN SUMMER**

- Waterproofs trousers and jacket
- One pair of comfortable trousers (jogging bottoms or legging-NOT jeans)
- One t-shirt, light long sleeved t-shirt
- One fleecy zip up jacket (in a backpack just in case)
- One pair of socks
- Wellies or sturdy closed toe shoes (which you don't mind getting wet and muddy!) If they are laced, you MUST be able to do them yourself!
- A sun hat for sunny days
- Good quality gloves

## **WHAT TO WEAR IN WINTER**

- Waterproofs –trousers and jacket
- Base layer - thermals
- Next bottom layer - fleece or other warm tracksuit bottoms- NOT jeans
- First top layer - long sleeve t-shirt or thin jumper
- Second top layer - fleece jumper
- Third top layer - fleece jacket
- Neck scarf
- Hat and gloves – waterproof, ski gloves are great!
- Four pairs of socks. Two pairs to wear (on the bottom, one thin cotton sock, and the top, a thick wool or fluffy bed sock) and two spare pairs
- Extra Jumpers to be packed in backpack for **really** cold days!

## **OUTDOOR LEARNING CLOTHING CHECKLIST**

- Snow boots or sturdy warm outdoor boots which are waterproof/ If they are laced, you MUST be able to do them yourself!