



Welcome to your Discovery Box

Here you will find an array of exciting activities and fun facts to prepare you for your next unit of study.

Within this box you will find:

- fun facts and information
- craft activities
- puzzles and games
- a recommendation of books to look for in the library

We hope you find these activities engaging and entertaining, but most of all that they make you **curious** to learn more.

Dove of peace

Doves are symbols of peace. They were used to represent peaceful protests during the Civil Rights Movement and gave many Americans hope that things would change.

Materials provided

Dove template

You will need

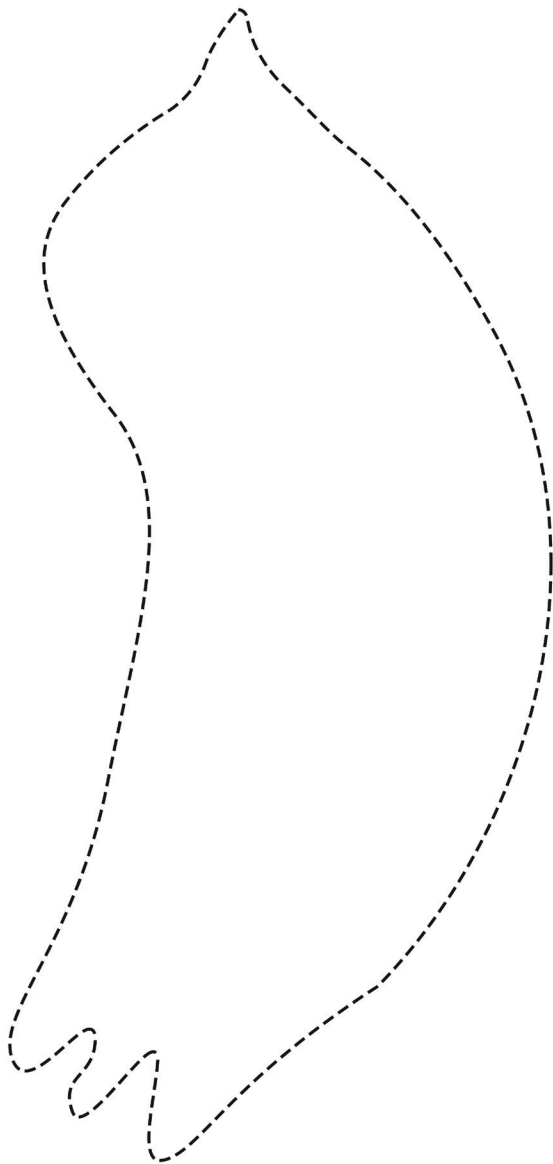
- white paper
- scissors
- glue
- pens or pencils
- thread

Instructions:

- Carefully cut out the dove template.
- Draw on eyes and a beak.
- To make the wings, lie the paper flat in front of you. Fold over a piece about 1 cm wide. Turn the paper over and fold again. Keep going until all paper is folded, like a fan.
- Using the scissors, carefully cut a slit in the centre of the dove and slide the folded paper halfway through.
- Fold the top edges of the folded paper up to join one another and glue together.
- If you want to hang the dove, punch a hole at the top of the wings and tie through a length of thread.

Dove of peace template

Carefully cut out this dove template with scissors.



I have a dream...

Martin Luther King Jr dreamed of a world where people of all backgrounds and colours of skin could love and respect one another. What is your dream for the future?



A large, rounded rectangular speech bubble shape with a tail pointing towards the top left. Inside the bubble are five horizontal lines for writing.

Solve this word search

Significant means important. All of these people are significant (or important) as they have made a difference to the world in which we live.



How many of the significant people's surnames can you find?

R	A	S	H	F	O	R	D	I	O
O	B	V	F	G	H	J	I	P	I
O	Q	M	A	N	D	E	L	A	E
S	A	S	D	F	G	H	J	R	L
E	E	S	D	F	T	Y	R	K	D
V	A	Z	X	C	V	B	N	S	L
E	L	J	K	I	N	G	H	F	D
L	C	F	R	G	H	U	I	L	B
T	X	Z	E	R	Y	T	I	K	M
Y	O	U	S	A	F	Z	A	I	V



Marcus **Rashford**



Nelson **Mandela**



Martin Luther **King Jr**



Rosa **Parks**



Malala **Yousafzai**



Making a difference



In 2020, Marcus Rashford wrote a letter to the government to convince them to give families food vouchers, during the school holidays. Children did not go hungry because of his actions. Rashford made a big difference.

What difference do you want to make?

Write a letter to your local Member of Parliament (MP) to tell them about a problem in your community that you want them to fix. Plan your letter here:

1. What is the problem?

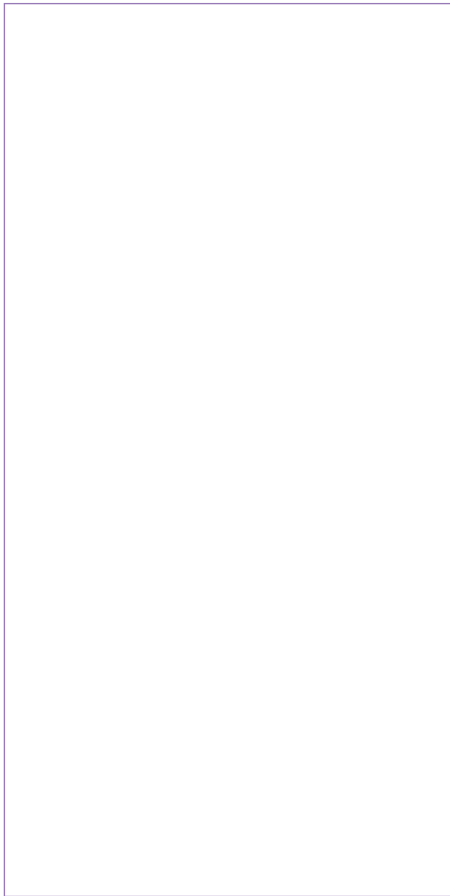
2. How is the problem affecting people?

3. How could the problem be fixed?

Your teacher can tell you the name of your local MP.

Who is important to you?

Draw a picture of someone important in your life.



Circle the qualities they have.

- sensitive
- brave
- positive
- caring
- strong
- clever
- talented
- intelligent
- friendly
- fun
- helpful
- kind
- wise
- funny
- good listener
- understanding



Rosa Park's peanut butter pancakes

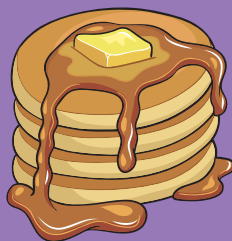
In 2011, this pancake recipe was found in the house where Rosa Parks lived, in Detroit. Rosa Parks loved peanut butter and had written the recipe down on the back of an envelope.



Ingredients

125g flour
2 tablespoons baking powder
½ teaspoon salt
2 tablespoons sugar

1 egg
310ml milk
85g peanut butter*
1 tablespoon oil



*Note: If you have a peanut allergy, you can make the pancakes using nut-free chocolate spread and they still taste delicious!

Method

1. Sift together the flour, baking powder, salt, and sugar and set aside.
2. In a separate bowl, mix together the egg, milk, and peanut butter until smooth.
3. Combine the dry and wet mixtures.
4. Ask an adult to add the oil to a hot frying pan and cook for about 60 seconds on each side.
5. Enjoy with maple syrup, honey, or a dollop of jam.



Mandela Day: Acts of kindness



Each year we celebrate Nelson Mandela Day on 18 July. This date is special as it was his birthday. As part of the celebrations, people are encouraged to donate 67 minutes of their time to carry out acts of kindness.

What acts of kindness could you carry out?

You could: help a younger child in the playground, thank your teacher, pick up litter, hold the door open for someone, or share your toys. Make a note of your acts of kindness below.

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

Recommended reading

We are all Born Free, The Universal Declaration of Human Rights in Pictures by Amnesty International

Martin Luther King Jr. (Little People, BIG DREAMS)
by Maria Isabel Sanchez Vegara and Mai
Ly Degnan

*The Story of Martin Luther King Jr. A Biography
Book for New Readers* by Christine Platt

Little Leaders: Visionary Women Around the World
by Vashti Harrison

Rosa Parks (Little People, BIG DREAMS) by Lisbeth
Kaiser and Marta Antelo

Malala's Magic Pencil by Malala Yousafzai

Malala: My Story of Standing Up for Girls' Rights by
Malala Yousafzai and Patricia McCormick

The Extraordinary Life of Nelson Mandela by E. L. Norry and
Ashley Evans

Who Was Nelson Mandela? by Meg Belviso

Rashford Rules (Football Superstars) by Simon Mugford

You are a Champion by Marcus Rashford and Carl Anka

