



# Welcome to your Discovery Box

Here you will find an array of exciting activities and fun facts to prepare you for your next Unit of Study.

*Within this box you will find:*

- knowledge organiser
- fun facts and information
- craft activities
- puzzles and games
- significant people and places stickers
- useful websites for further exploration
- suggestions for visits and days out
- a recommendation of books to look for in the library

We hope you find these activities engaging and entertaining but most of all that they make you **curious** to learn more.

## Create your own Mosaic

Roman mosaics were popular in public buildings and homes, and many examples can still be seen today. Mosaics were made from hundreds of small pieces (or tesserae) of coloured stones and gems put together to make a picture or pattern.

Using the paper tiles provided, can you create your own Roman Mosaic picture or pattern?

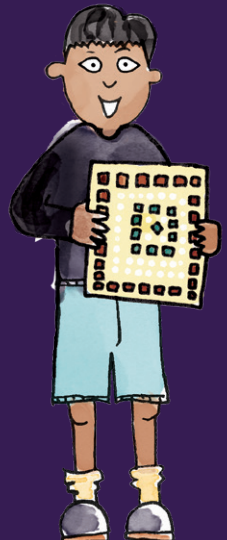


### Materials Provided:

- Gummed Paper
- Brush
- Plain Paper

### Instructions

1. Rip the larger tiles into small squares, triangles (or any shape of your choosing).
2. Arrange these into a picture or pattern.
3. Add water to the reverse of the tiles and fix them down onto the plain paper.
4. Be creative and have fun!



## What the Romans left behind...

### **The Romans gave us:**

#### **Language**

The language we use today was developed from the Romans. The Romans spoke and wrote in Latin and many of our words are based on Latin words.

#### **The Calendar**

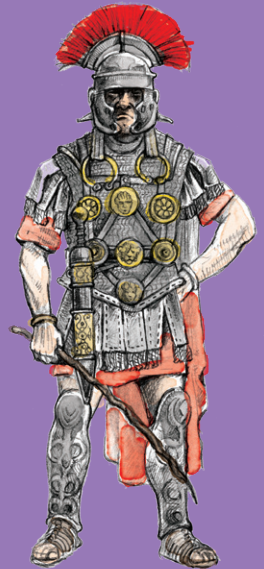
Did you know that the calendar we use today is more than 2,000 years old? It was started by Julius Caesar, a Roman ruler. It is based on the movement of the earth around the sun, and so is called the 'solar calendar.' The solar calendar has 365 days a year, and 366 days every leap year, or every fourth year. The names of our months are taken from the names of Roman gods and rulers. The month 'July,' in fact, is named after Julius Caesar himself!

#### **Laws and a legal system**

The laws and ways we determine what to do with someone who is accused of breaking a law came originally from the Roman Empire.

#### **The Census**

The Roman Empire was huge and included millions of people living over a large area. How did they keep track of all these people? Easy! They counted them! The Roman Empire began the practice of taking a census, or a 'count,' of all the people within its boundaries every so often. Today, many countries like ours take a census every 10 years.



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Can you solve this word search?

E	T	C	V	T	J	I	I	B	K	P	D	I	T	I	S	S	D	N	I
I	R	L	A	C	I	G	O	L	O	E	H	C	R	A	N	L	F	I	S
Z	M	T	I	M	P	O	R	T	T	O	I	I	Z	T	O	A	O	T	D
B	N	C	A	M	C	S	E	U	Z	L	L	U	M	H	I	R	R	A	F
U	V	N	A	E	T	E	C	N	Y	M	W	R	R	N	T	E	I	L	C
D	C	P	U	Y	H	E	L	G	E	D	E	E	A	W	A	M	G	F	R
B	M	I	L	E	S	T	O	N	E	Y	L	A	W	D	D	U	I	K	O
A	A	U	E	R	X	F	I	P	O	I	O	Q	M	Q	N	N	N	O	R
X	S	T	E	V	B	P	A	H	G	F	W	U	Q	D	U	E	O	D	O
Q	O	P	H	T	A	F	O	I	P	Q	B	E	A	E	O	R	L	K	V
K	G	F	C	H	D	L	O	R	Q	M	J	D	M	Q	F	F	L	A	Z
Z	W	O	T	E	O	N	S	X	T	B	A	U	E	D	A	R	T	Q	C
X	Q	J	R	F	V	U	Z	F	J	L	A	C	U	V	S	N	I	G	Q
M	M	C	Z	E	V	Z	S	A	P	L	V	T	X	D	K	D	I	V	Q
Y	A	T	L	N	Q	E	Y	E	X	B	K	A	N	R	J	A	J	A	T
S	T	O	K	Z	D	G	V	H	Q	Z	I	B	A	E	E	O	N	V	W
U	F	R	V	R	M	I	U	J	X	U	E	X	J	J	U	E	I	N	V
A	I	E	Z	O	B	G	Z	W	G	N	H	A	X	K	Z	Y	F	M	C
B	B	V	W	T	F	V	Q	J	T	G	R	J	K	L	N	P	S	Y	H
A	T	C	J	Q	S	Y	C	N	E	R	R	U	C	D	N	M	L	N	Z

MILESTONE  
FOUNDATIONS  
BATHHOUSE  
AQUEDUCT  
SACRED

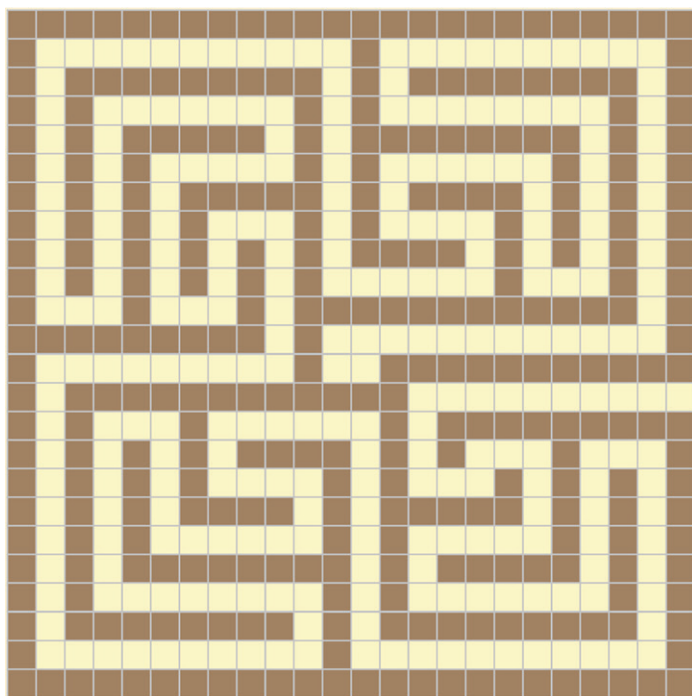
PERSECUTED  
RELIGION  
TRADE  
IMPORT  
EXPORT

ORIGIN  
CURRENCY  
SLAVE  
STYLUS  
LATIN

CALENDAR  
NUMERALS  
AMPHITHEATRE  
ARCHAEOLOGICAL

## Mosaic Mazes

(Can you follow the path to the centre?)



**These are examples of Roman mazes found on Roman mosaics. This was something they almost certainly developed from Greek culture and the Labyrinths of Crete.**

*These Mosaics were called mazes but the fact that they only have one path makes them Labyrinths and not mazes at all. Mazes have many different paths and options whereas a Labyrinth only has one path.*

*Can you find other examples of Roman mosaics or mazes?*

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## Ova Spongia ex Lacte

This Ancient Roman recipe translates into Eggs with Honey. It is a type of omelette, served with warm honey and black pepper... Delicious!

YOU WILL NEED AN ADULT TO HELP MAKE THIS RECIPE!

Time: 10 minutes

Medium

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### Ingredients:

3 tablespoons of honey

4 eggs

275ml milk

25g butter

1 tablespoon olive oil

Pinch of black pepper



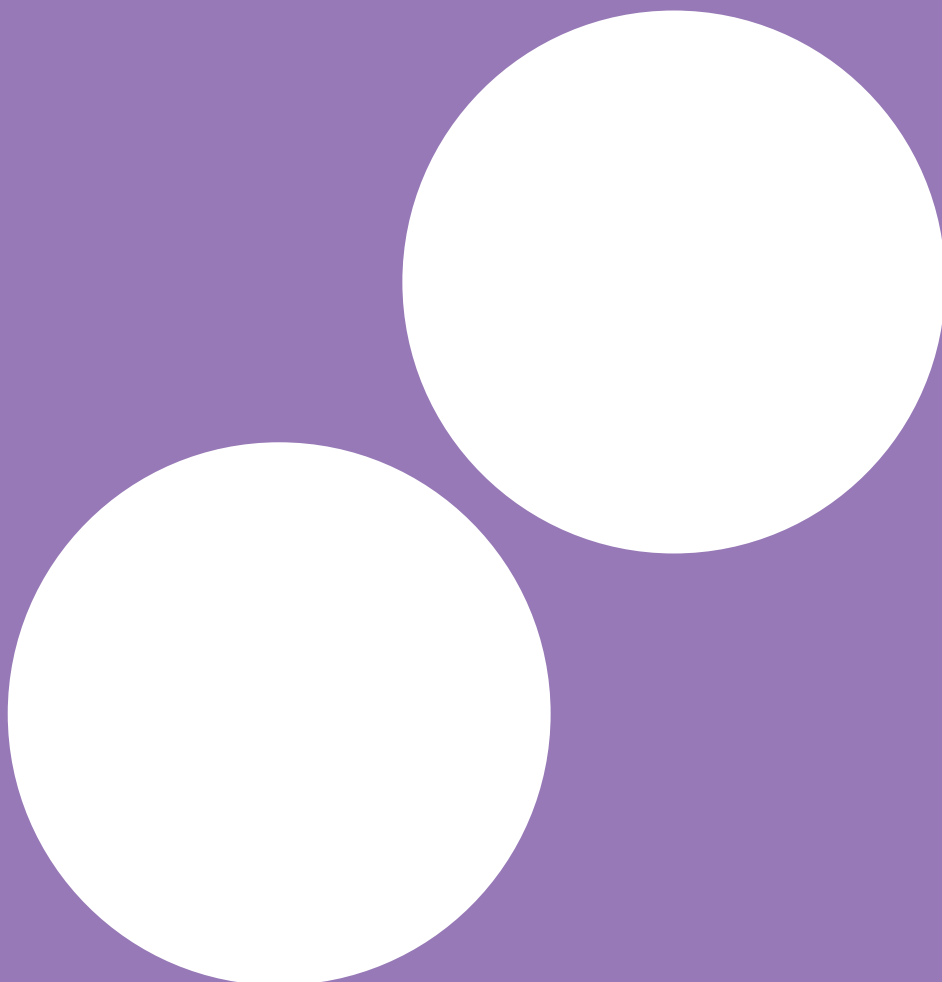
### Method:

1. In a large bowl, beat the eggs and add the milk and oil.
2. ASK AN ADULT to pour a little olive oil into a frying pan and heat until it is sizzling hot.
3. Add the egg, milk and oil mixture and whisk with a fork.
4. Keep whisking until the mixture starts to solidify.
5. When cooked through on one side turn the omelette over and cook briefly (1–2 minutes on the other side).
6. Fold in half and put on a plate.
7. Warm the honey and pour it over the omelette.
8. Sprinkle over a little black pepper.
9. Enjoy!

## Coins

The Romans introduced coins to Britain as a way of making trade easier across the whole Roman Empire. Coins were also used to spread messages and ensure everyone knew who the Emperor was.

**Can you design your own Roman coin?**







## Useful Websites



### **BBC BiteSize:**

[www.bbc.co.uk/bitesize/topics/zwmpfg8](http://www.bbc.co.uk/bitesize/topics/zwmpfg8)

### **Education Quizzes:**

[www.educationquizzes.com/ks2/history/romans-in-britain/](http://www.educationquizzes.com/ks2/history/romans-in-britain/)

### **The School Run:**

[www.theschoolrun.com/homework-help/roman-empire](http://www.theschoolrun.com/homework-help/roman-empire)

### **Interesting Apps:**

- The Romans ActiveLens
- Calleva Education
- Roman Britain
- Introduction to Roman Britain
- Colchester Roman Circus

### **VR:**

The Wall | Romans VR: Apple AppStore

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## Visits, trips and days out



### London

**British Library**, Great Russell Street, London WC1B 3DG

**Museum of London**, 150 London Wall, EC2Y 5HN

### Portsmouth

**Portchester Castle**, Church Road, Portchester PO16 9QW

### Birmingham

**Birmingham Museum and Art Gallery**, Chamberlain Square,  
Birmingham, B3 3DH

### Hastings

**Hastings Museum and Art Gallery**, John's Place, Bohemia Road,  
Hastings, TN34 1ET

### Other suggestions

#### **Roman Bath — Bath**

The Roman baths of Bath contain the remains of this ancient bath house as well as other artefacts, finds and displays from the ancient Roman town of Aquae Sulis.