

School Nursing Service
Year R National Childhood Measurement Programme 2021 / 2022
Revised programme – version 12
Parent / Carer Information

The Screening Programme

National Childhood Measurement Programme

Each year in England, School children in Reception and Year 6 routinely have their height and weight checked at school as part of the National Childhood Measurement Programme. The measurements will be stored in your child's Bucks Healthcare NHS record. The measurements are carried out by our trained team of School Health Assistants, in a space away from other pupils. The emotional impact of the NCMP has been researched and studies show that body image, self-esteem, weight-related teasing and restrictive eating behaviours do not change as a result of being measured or receiving feedback.

We would like to invite all parents/carers of children in Year R to register with the nationally used SchoolScreener Parent Portal to find out more about the NCMP programme and healthy lifestyle resources in Buckinghamshire. Please can you **complete this 48 hours before the date of our visit**, as advised by the school. By registering, you will have access to your child's NCMP measurements and other communications from the School Nursing Team. The growth measurements will be available on the Parent Portal, unless you have opted out. You will need to register with the parent portal to opt-out of the programme (or see contact details below) at least 48 hours before. You can also opt not to receive a follow up call.

All communication will be displayed in the portal and can be downloaded or viewed instantly making it easy to receive and retrieve information quickly and easily. You will be able to withdraw your child from the programme should you wish to, but still be able to access information, support, and advice.

To register, please click the link below:

<https://app.schoolscreener.com/Portal/#/Buckinghamshire/p/buh114/110335>

Parents/Carers must opt-out of the NCMP by registering with the Parent Portal or by emailing (see below) ensuring you **clearly** state your child's name, year group and school. **If you do not register with the parent portal or email School Nursing to opt-out, your child will still be screened.**

COVID-19 and the NCMP

Buckinghamshire Healthcare NHS Trust's, School Nursing Services will carry out the measurements at selected schools following government advice that aligns with national and local current COVID-19 guidance for schools/NHS and infection control. The staff members who visit your school have clear guidance on hand hygiene, cleaning the NCMP measurement equipment and the allocated measurement room(s). The School Nursing Team will use of Personal Protective Equipment (PPE) as appropriate. Pupils will not be required to wear PPE at any point during the measurement process.

Contact details

School Nursing – bht.schoolhealth-screening@nhs.net if you have any further queries about the NCMP and do not wish to use the portal, at least 48 hours before.

Parent Portal – parentsupport@schoolscreener.com if you have any further queries about the portal or issues logging into it.

There is more detailed information on the website regarding how the data is processed.
www.buckshealthcare.nhs.uk/cyp/school-years-development/school-nursing/
<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>