



P.E. Curriculum Long Term Plan 2023-2024

Year Group	HGSP Events	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Reception	Gymnastics Spring 1 Multiskills Summer 1	Balanceability Fundamentals 1	Balanceability Gymnastics	Ball skills 1 Dance	Fundamentals 2 Games 1	Games 2 Bikeability	Ball skills 2 Bikeability
Year 1	Multiskills Autumn 1 Gymnastics Spring 1	Fundamentals Team building	Ball skills Gymnastics	Dance Scooters	Invasion Scooters	Sending and receiving Net and Wall	Striking and Fielding Athletics
Year 2	Football Autumn 1 Athletics Summer 1	Ball skills Dance	Invasion Team building	Gymnastics Fundamentals	Target games Athletics	Yoga Sending and receiving	Striking and fielding Fitness
Year 3	Basketball Spring 2 Cricket Summer 2	Gymnastics Fundamentals	Dance Handball	Football Fitness	OAA Basketball	Athletics Cricket	Rounders Tennis
Year 4	Netball Spring 2 Athletics Summer 1	Ball skills Swimming	Dodgeball Swimming	Netball Gymnastics	Hockey Yoga	Athletics Tag rugby	Dance Tennis
Year 5	Football Autumn 1 Handball Spring 1	Football OAA	Dance Handball	Gymnastics Swimming	Badminton Swimming	Basketball Tennis	Athletics Rounders
Year 6	Tag rugby Autumn 1 Volleyball Summer 1	Dance Tag rugby	Gymnastics Hockey	Dodgeball Tennis	Volleyball Netball	Cricket Swimming	Athletics Swimming