



## P.E. Curriculum Long Term Plan 2026-2027

| Year Group | Autumn One        | Autumn Two     | Spring One            | Spring Two            | Summer One            | Summer Two            |
|------------|-------------------|----------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Reception  | Games 1           | Ball skills 1  | Games 2               | Ball skills 2         | Balanceability        | Balanceability        |
|            | Intro to PE 2     | Fundamentals 2 | Dance 2               | Gymnastics 2          | Forest School         | Forest School         |
| Year 1     | Fundamentals      | Ball skills    | Dance                 | Gymnastics            | Athletics             | Striking and Fielding |
|            | Forest School     | Forest School  | Net and Wall          | Sending and receiving | Team building         | Fitness               |
| Year 2     | Ball skills (FTF) | Fundamentals   | Gymnastics            | Target games          | Striking and fielding | Athletics             |
|            | Forest School     | Forest School  | Sending and receiving | Invasion              | Dance                 | Net and wall          |
| Year 3     | Gymnastics        | Gymnastics     | Yoga                  | Football              | Dance                 | Athletics             |
|            | Tag rugby         | Basketball     | Forest School         | Forest School         | Netball               | Cricket               |
| Year 4     | Netball           | Hockey         | Football              | Tennis                | Athletics             | Cricket               |
|            | Dance             | Gymnastics     | Forest School         | Forest School         | Yoga                  | Fitness               |
| Year 5     | Football          | Dance          | Swimming              | Swimming              | Tennis                | Athletics             |
|            | Gymnastics        | Basketball     | Badminton             | Netball               | Forest School         | Forest School         |
| Year 6     | Tag rugby (FTF)   | Hockey         | Dodgeball             | Volleyball/Dance      | Cricket               | Rounders/Gymnastics   |
|            | Swimming          | Swimming       | Netball               | Tennis                | Athletics             | Football              |